Printable newborn checklist

This is a complete newborn checklist grouped by need: feeding, sleep, diapering, clothes, bath, health, gear, nursery, play and free help. Items marked Essential come first. Print it, tick it off, then turn it into a free baby registry.

Tick each box as you buy or receive it.

Feeding

- [ ] Baby bottles *
- [ ] Bottle steriliser *
- [ ] Breast pump
- [ ] Nursing pillow
- [ ] Burp cloths *
- [ ] Bibs
- [ ] High chair
- [ ] Weaning bowls & spoons

Sleeping

- [ ] Crib / cot *
- [ ] Crib mattress *
- [ ] Fitted crib sheets *
- [ ] Bassinet / bedside crib
- [ ] Swaddle blankets *
- [ ] Sleeping bags
- [ ] Baby monitor *
- [ ] White-noise machine

Diapering

- [ ] Diapers / nappies *
- [ ] Baby wipes *
- [ ] Changing pad *
- [ ] Diaper rash cream *
- [ ] Diaper bin
- [ ] Changing bag *

Clothing

- [ ] Bodysuits *
- [ ] Sleepsuits *
- [ ] Socks & hats *
- [ ] Scratch mittens
- [ ] Knit cardigan
- [ ] Snowsuit / pramsuit
- [ ] Sun hat
- [ ] Coming-home outfit

Bathing

- [ ] Baby bath *
- [ ] Hooded towels *
- [ ] Baby wash & shampoo *
- [ ] Bath toys
- [ ] Soft washcloths

Health & safety

- [ ] Thermometer *
- [ ] Nail clippers & file *
- [ ] Nasal aspirator
- [ ] Baby first-aid kit
- [ ] Safety gates
- [ ] Baby-proofing kit

Gear & travel

- [ ] Infant car seat *
- [ ] Stroller / pram *
- [ ] Baby carrier
- [ ] Travel cot
- [ ] Pram footmuff
- [ ] Pram sun shade
- [ ] Clip-on pram fan
- [ ] Bouncer

Nursery & decor

- [ ] Dresser / changing table
- [ ] Nursing chair
- [ ] Night light
- [ ] Room thermometer
- [ ] Blackout blinds
- [ ] Storage baskets

Play & learning

- [ ] Play gym & mat *
- [ ] Board books *
- [ ] First teddy
- [ ] Rattles
- [ ] Teething toys

Help & experiences

- [ ] A freezer full of meals *
- [ ] A night of babysitting
- [ ] A day of laundry & chores
- [ ] Newborn photo shoot

*** Essential | Make this list a free registry at diaperreveal.com**